Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Goal Setting Outline***

1. Write your short term goal: (Complete by trimester end)
2. Outline the steps: (Include small deadlines)

a.

b.

c.

d.

e.

f.

g.

1. What is the support system that will help you attain your goal?
2. Chart obstacles that you might face during your journey to achieving your goal.

|  |  |
| --- | --- |
| Obstacle | How do you intend to combat this obstacle? |
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