**Make –up work**

Team Sports

Fitness/Conditioning

P.E. 1

For each day a student is out, they must complete a **one page paper, typed, and double spaced**. This must be done on a current news article with regards to health and/or sports. In the summary, one must include:

-summary of the article

-relationship to high school students in general

-the student’s personal beliefs and thoughts on the article

If a student is suspended, injured, absent, etc. for a longer period of time, they will need to do longer reports. For each week a student is out they must complete a **three-page** paper on the history and rules of a sport. (i.e. suspended/sick 4 weeks = 4 three page papers)

Football

Baseball

Basketball

Hockey

Wrestling

Rugby

Soccer

Lacrosse

Softball

Pickle Ball

The list above is just some ideas. You may complete these and any other sports you may come up with.